

FIT Test Information

For All Clients



WHAT IS A FIT TEST?

- FIT (Faecal immunochemical Test) is a test that looks for human blood in stool samples. It looks for tiny traces of blood that you might not be able to see, and which could be a sign of cancer.
- Traces of blood in your poo can be caused by a number of medical conditions and doesn't necessarily mean that you have cancer.

WHAT ARE THE BENEFITS?

- It may enable early intervention if the test is positive
- It may provide reassurance if the test is negative
- It may enable treatment for conditions other than cancer if the result is positive

WHAT ELSE SHOULD I KNOW?

- It is important to note that the Mary How Trust uses a lower threshold than the NHS regarding what we consider a raised FIT for asymptomatic clients.
- If you have a high result, you will be advised to discuss the result with your GP.

WHAT ARE THE DOWNSIDES?

- Screening tests are not perfect, false negative or false positive results can occur.
- It may lead to unnecessary anxiety

If you would not like to complete a FIT test, please advise the appointments team prior to your appointment.



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